



the bessborough centre  
expertise in family development

**January 2019**

**We are currently seeking to recruit a temporary (6 months) Counsellor or Clinical Psychologist to join a growing team of passionate family support professionals who share our vision.**

**Post: Counsellor/Clinical Psychologist**

**Hours: Full time post (Candidates with an interest in part-time work may be considered).**

**Responsible to: Senior Clinical Psychologist**

**Salary: Commensurate with qualifications and experience.**

**Application: Submit two copies of your CV and covering letter to:  
HR Department, the Bessborough Centre, Blackrock, Cork T12 CRA0  
or email [hr@bessborough.ie](mailto:hr@bessborough.ie)**

### **Counsellor/Psychologist Position Key Objectives**

The post holder will be a member of the Bessborough Centre staff providing high quality psychotherapeutic and psychological support services to families and individual clients. Working in a multidisciplinary team she/he will contribute to parental assessments, and identify appropriate interventions. The post holder will also deliver therapy and as well as promote a psychologically-informed service delivery model within the Bessborough Centre through staff training and consultation. The Bessborough Centre has a combination of site based and home based services and therefore will involve travel and unsociable hours.

### **Specific Duties**

- To work flexibly within a multidisciplinary team to manage a caseload of families/parents/carers/children with complex needs including clients presenting with high levels of emotional distress, behavioural problems, mental health issues, personality difficulties and difficult social circumstances.
- To provide high quality appropriate assessments and interventions for families, communicating in a skilled and sensitive manner with the clients, clinical team and referring agents.

- To advise and facilitate the teams that assist children and families to learn a range of coping skills and to organise programmes which will enhance clients skills in various areas (e.g. play, child development, self-development, parenting).
- To provide general advice and assist the management team in developing and delivering training for the staff and other professionals on aspects of risk assessment, management and care.
- To utilise theory, evidence-based literature and research to support evidence based practice in individual work and work with other team members.
- To supervise trainee staff where appropriate
- To attend management meetings and clinical meetings as appropriate
- To write quality court ready multi-disciplinary assessment reports and be available to present at professional meetings and in court when appropriate.
- To maintain personal and professional development to meet the changing demands of the job, work within the code of professional ethics of the Psychological Society of Ireland and participate in appropriate professional supervision and training activities.
- To represent Bessborough Centre in a professional manner and to maintain constructive relationships.

#### **Other duties**

- This Job Description indicates only the main duties and responsibilities of the post. It is not intended as an exhaustive list. The Organisation reserves the right to amend this Job Description from time to time, according to business needs and in consultation with the post holder. Any changes will be confirmed in writing
- Undertake travel and work unsociable hours where appropriate and reasonable.

#### **Requirements**

- Professional and/or academic qualification in counselling/clinical psychology
- Experience and skills in the use of complex methods of assessment, intervention and management.
- Well-developed skills in the ability to communicate effectively, orally and in writing, complex, highly technical and/or clinically sensitive information to clients, their families, carers and other professional colleagues both within and outside the organisation.
- Full driving Licence

#### **Reporting Relationships**

Reporting is directly to the Senior Psychologist while maintaining a professional relationship with the Service Managers. Individual professional supervision will be made available.

**Application: Please submit two copies of your CV and covering letter to:**

**HR Department, Bessborough Centre, Blackrock, Cork T12 CRA0 or email to [hr@bessborough.ie](mailto:hr@bessborough.ie)**